



# Results for Exceleration's 2004 "TRI-IT" Triathlon

Saturday, July 24, 2004

## Excel Female

Name	Time (mm:ss)
Aimee Shannon	14:03
Sienna Pielak	14:28
Katrina Laube	14:33
Odea Crawley	14:42
Annelise Lapointe	15:43

## Male

Name	Time (mm:ss)
Niko Bodnaruk	11:06
Aaron Schroeder	14:43
Joel Pielak	15:19

## Energy Female

Name	Time (mm:ss)
Robynne Shannon	21:30
Emily Horton	22:02
Chanel Stasiuk	22:21
Chelsea Santos	23:00
Emma Lang	24:31
Jenna-Sarah McDonald	26:23
Amanda Terhune	26:38
Amber Ardan	26:46
Geneviève Haag	27:16
Brittini Santos	27:53

## Male

Name	Time (mm:ss)
Trevor Pearson	20:48
Carsten Lapointe	21:15
Daniel Duncombe	21:53
Sam Horton	22:34
Alex Bodnaruk	25:25
Andrew Chau	25:30
Calvin Cheung	26:30
Steven Wei	27:04
Gary Lai	27:06
Audoni Usubiaga	27:38

## Eclipse Female

Name	Time (mm:ss)
Holly Terhune	17:18
Alexandra Stasiuk	20:10
Scarlett Desmarais	21:07
Sierra Garrison	22:49
Elisabet Lapointe	23:59
Stephanie Duncombe	24:58
Julia Vo	27:12
Madeleine Fromme	28:46
Danielle Sun	29:08
Anna Robertson	31:56

## Male

Name	Time (mm:ss)
Brook Powell	19:01
Sam Purchase	22:43
Jason Fraser-Maraun	24:20
Sean MacDougall	24:29
Marcus Laube	25:21
Adreon Murphy	25:38
Kevin Choi	27:11
Jack Hyslop	27:12
Spencer Der	27:12
Forrest Graves	28:07



EXCELERATION JUNIOR TRIATHLON CLUB

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### Enigma

#### *Female*

Name	Time (mm:ss)
Brie Cawston-Grant	31:57
Sage Graves	32:57
Rebecca Staynor	34:07
Michelle Au-Yeung	34:42
Wendy Cheung	44:33
Lynn McDonald	47:32

#### *Male*

Name	Time (mm:ss)
Stuart Richey	33:41
Connor Richey	34:15
Alex Fraser-Maraun	36:28
Mark Jackson	38:47
Gareth Sun	38:56
Matthew Frizzi	41:03
Patrick Lai	42:45
Brandon Chau	43:07
Dominique Haag	43:13

### Extreme/Elite

#### *Female*

Name	Time (mm:ss)
Ingrid Braul	39:44
Karen Forsman	42:49
Victoria Whitney	43:54
Celly Manning	44:07
Katherine McNeill	45:56
Amelia Rajala	46:17
Megan Jackson	50:22
Ashley Ardan	58:37

#### *Male*

Name	Time (h:mm:ss)
David Barrett	0:37:06
David Lee	0:48:05
Jamie Robertson	0:59:05
Eric Freilich	1:01:36